



uniting communities to make a healthy impact

September 16, 2006

How Healthy is Your Organization for Kids?

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Objectives

By the end of this presentation listeners...

- Will understand the need to be change agents for healthy lifestyles
- Will be able to apply the auditing tool in the spectrum of venues that encircle own life

CHANGE AGENT

- Who
- What
- When
- Where
- How

How

- How does soda get into your home?
- How aware are you of your child's lunch options?
- How do you get healthier foods into the vending machines at work?
- How does your neighborhood feel about sidewalks?
- Is employee health promotion included in your organization's mission statement?

AUDIT

- Facility
- Program
- Self

HEALTHY LIFESTYLE PROGRAM CHECKLIST

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